

pH Universal Indicator Instructions & Information



pH stands for Potential Hydrogen and is a measurement that provides an indication of the level of Hydrogen in a substance. The pH scale numbers from 1-14, with pH 7 being neutral. The pH scale is logarithmic, for example: At pH 6, a solution would be 10 times more acidic than pH 7; while at pH 5, the solution would be 100 times more acidic than pH 7, and so on. Conversely, a pH 8 would be 10 times more alkaline than pH 7.

Ideal body pH is between 7.2 and 7.4, while ideal blood pH is 7.365. Good health is indicated when the body pH is slightly Alkaline.

Unfortunately, most foods and beverages are acid-forming in the body. Natural health doctors agree that dietary countermeasures need to be taken, by consuming more alkaline foods (including water) to assist the body in maintaining proper alkaline balance.

We recommend consuming water with a pH between 8.0 and 9.5, as this is the range found in the healthiest source waters worldwide.

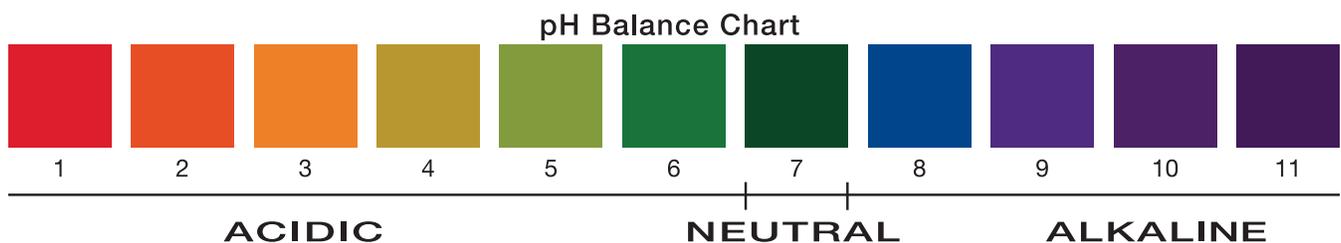
It can be an eye-opening experience to discover the actual pH levels of the water and other beverages, including sports drinks, which are marketed as healthy alternatives to soft drinks. Use the universal pH indicator drops (reagent) to test the pH of any clear beverage.



To test the pH level of any clear liquid, pour a few ounces into a clear glass and add 3-4 drops of the pH universal indicator.



Compare the color of the liquid to the pH Balance Chart provided with your Water-Revolution unit.



CAUTION

- Keep the pH reagent liquid tightly closed and out of the reach of children.
- Do not expose the pH measuring reagent to extreme heat, flames or fire. It is combustible.
- Do not expose to sunlight or heat.
- Do not drink, put in eyes or apply to the body. If the liquid is ingested, induce vomiting immediately and call a doctor. If the liquid gets in the eyes, flush immediately and thoroughly with cool water and call a doctor. If spilled or dropped on your body, wash it off immediately.



WARNING! THIS SET CONTAINS CHEMICALS THAT MAY BE HARMFUL IF MISUSED. READ CAUTIONS CAREFULLY. NOT TO BE USED BY CHILDREN EXCEPT UNDER CAREFUL ADULT SUPERVISION.

Contents: Ethanol (50%), Phenolphthalein 3 g, Methyl red 0.5 g, Bromothymol blue 1.5