



Himalayan salt is known to contain trace amounts of up to 84 minerals and elements the body needs:

actinium	aluminum	antimony	arsenic	astatine
barium	beryllium	bismuth	boron	bromine
cadmium	calcium	carbon	cerium	cesium
chloride	chromium	cobalt	copper	dysprosium
Erbium	europium	fluoride	francium	gadolinium
gallium	germanium	gold	hafnium	holmium
hydrogen	indium	iodine	iridium	iron
lanthanum	lead	lithium	lutetium	magnesium
manganese	mercury	molybdenum	neptunium	nickel
niobium	nitrogen	osmium	oxygen	palladium
phosphorus	platinum	plutonium	polonium	praseodymium
protactinium	radium	rhenium	rhodium	rubidium
ruthenium	samarium	scandium	selenium	silicium
silver	sodium	strontium	sulfur	tantalum
tellurium	terbium	thallium	thorium	thulium
tin	titanium	tungsten	uranium	vanadium
ytterbium	yttrium	zinc	zirconium	

